

Debriefing with **DeBRIEF**

De - Defuse

- Delineate

B - Bring Back

R - Review

I - In-depth

E - Explanation

F - Future Use

Debrief goals:

- Close the gap
- Stimulate self-reflection
- Share ideas, raise awareness
- Teach specific skills
- Induce behavior change

De: De-fuse & De-lineate

Defused

Aim: To attend to the feelings first & let them ventilate

How do you feel?

Delineate

- State clearly the learning objective/issues (LOI) for discussion
- Limit it to 2-3 LOIs per session

In this session we are going to discuss about

Can you tell us what happen just now?

Would you like to tell us how do you performed the ... ? (state action)

B: Bring back

Bring back the experience.

Aim: to re-collect the experience that went through

- A single learner or team can narrate their experience.
- Pick up the point or issue outline for further discussion in the Review phase.
- Learner can narrate the whole simulation or just a particular events

Saiboon, I., Koh, S.B.L, Pai, D. R., & Jaafar, J. IMSH 2019. Workshop: Guided Reflection using the DeBRIEF model.

R: Review

Review of the experience learner went through

Aim:

- i. to know the learners knowledge & understanding of the experience. (what, how, when)
- ii. to understand learners point of view and the reason (why)

To understand as much as possible about the learners perspective of the topic

Based on what principles was your decision to ... ?

when will you usually used

Can you explained to us how you performed

I noticed you did, can you share with us why did you do that?

I: In-depth

In-depth discussion

Aim: to explore more depth into learners understanding and critical thinking

Questions are geared towards hypothetical situation

Don't you think it should be Can you explained

What if

Let's say the what would you do and why?

Saiboon, I., Koh, S.B.L, Pai, D. R., & Jaafar, J. IMSH 2019. Workshop: Guided Reflection using the DeBRIEF model.

E: Explanation

Aim: to explain certain aspect of the topic or issue related to the scenario.

- Must keep short. Not to turn into a mini lecture.
- Only do this section if learners had NOT grasp the main aspect of discussion
- This phase can be omitted when necessary

F: Future use

Aim – to explore how the learner will use this (new) knowledge or skill in the future or during their work.

In what way, does the things you learn today is going to influence your

what aspect of the skills is beneficial to you and why?

how do you see you going to use what you learn today in your future ...